

WALKING WITH PLANTS

CEASE
WYSS
3/22/2017



BUILDING 204, FORT WARDEN ST PARK, WA

TRADITIONAL TEACHINGS FROM
THE FOREST. PLANTS ARE OUR
GRANDMOTHERS & GRANDFATHERS.
YELLOW PLANTS DEAL W/ BILB, URINE
RED PLANTS DEAL W/ ORGANS
DOCTRINE OF SIGNATURES





ON THE WAY TO

THE LAGOON



BABY CEDAR MADRONA

TREE OR
LIFE.
CEDAR
BOUGIT
INSPIRES
WELCOMING
ARMS

BARK

BOATS,
WEAVING,
BURYING



IMPROVES T-CELL
COUNT

STIMULATES
APPETITE

CLEAVERS

BED STRAW



FOR LYMPH
NODES

A SELF SEEDING
ANNUAL



SALAL

BERRY PRICH

GOOD FOR BLOOD CIRCULATION
DRIED BERRIES GOOD FOR TEA



USNEA

LICHEN

USED FOR
KINDLING.
GOOD FOR
RESPIRATORY
LUNGS OF
FOREST

CROSSING THE ROAD

WE FOUND THE BEE



QUEEN
BEE



HAS ALL THE
PLANT COLOR
AND WILL ACT
AS TONIC.
CAN USE SEEDS.
USE AS DYE.

OREGON GRARE

TALL VERSION
OREGON GRARE



TRAILING
BLACKBERRY
NON-INVASIVE
FOR UTERINE
HEALS MUSCLES
GOOD FOR ICE
TEA

WAVE
CLEAN SPRAY





ROSE
HIPS

VERY
EDIBLE
REMOVE
FUZZ!

THIS IS
PART YOU
WANT



PLANTAIN





ON TRAIL BACK TO FORT WITH A
STOP TO HUG TREES

