

# Alumni Weekend 2020

*Hosted by Goddard's Alumni Council*

Featuring workshops and speakers:

## Language Learning in Adulthood

*with Molly Milazzo, IBA '13*



Always wanted to learn more languages but never thought you could? It's never too late - the presenter of this workshop didn't become fluent in Latin American Spanish until age 24, and has since become conversational in Dari/Farsi and Pashto and regained much Italian and French. Gain some insight into not only what adults need to effectively learn and retain additional languages, but what options are available and how to harness them for your individual learning style.

## The Art and Power of Resilience

*with Kate Chapman, GGI - HAS '16*



Ever had a difficult time moving forward after disappointment? Or perhaps you find yourself grieving for the first time and you're stuck. Do you have problems letting things go? Then "The Art and Power of Resilience" is for you. Using fun, free, and practical techniques - along with some Broadway sparkle - this workshop will demonstrate the path to bouncing back and how you can follow it for yourself.

## Tools for Finding Zen, in Wonderland and through a Pandemic

*With Bridgette Mongeon, MFAIA '12*



There is no doubt that life during a pandemic can make you feel stressed, and finding options during a possible financial crisis can be difficult. Bridgette will share some creative tools to help you break through personal barriers and find some peace, allowing you to grow and flourish amongst the turmoil.

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## **Socialization: Unlearning and Disrupting Harmful Bias**

*With Kailina Mills, IBA '18*



Socialization is the process through which we learn the norms, expectations, and habits of our culture. Based on her thesis at Goddard, Kailina Mills will walk you through the process of identifying how you've been socialized into the white supremacist, patriarchal, capitalist culture of America and introduce you to tools and methods of unlearning those harmful and oppressive frameworks of thought.

## **Goddard in the Workplace: Perspectives and Actions**

*with Molly Milazzo, IBA '13 and Lizzy Bell, IBA '08*



Attending Goddard can be a life-altering experience. How does taking such a nontraditional educational path translate into professional fulfillment? IBA grads and current coworkers, Molly Milazzo and Lizzy Bell, will talk about specific ways to incorporate Goddard-gleaned knowledge into one's work and how Goddard transformed their approaches to their careers.

## **Talk With Animals**

*With Cathy Malkin, RUP '80*



Have you ever felt like an animal had something to say to you but lacked a common language? Animals have much to say and love it when they are heard and understood by humans. During this exciting presentation, you will learn how you can easily understand animal's thoughts, feelings, and viewpoints. Plus, Cathy will demonstrate how animals' communication works.

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## Panel Discussion: "Antiracism in Practice"

*With panelists:*



**Synnika Alekzander-Chizoba Lofton** is an award winning performance poet, educator, and recording artist. He is the author of 17 books and more than 170 spoken word albums, EPs, singles, and digital downloads. Lofton teaches literature at Chesapeake Bay Academy and Composition and Public Speaking at Norfolk State University. He holds a BA and MFA from Goddard.

**Julian Pimiento** comes from a legacy of artists and educators. Julian was born in beautiful Bucaramanga, Colombia and nurtured his passion for immigrant and human rights growing up undocumented in white-centric, working class Greenpoint, Brooklyn. He explores the complexities and injustices of cultural and social assimilation through playwriting, acting, directing, and Theatre of the Oppressed Joking. Julian holds a BA in Individual Studies (with a focus on Latino Studies and Theatre of the Oppressed) from Goddard College, and a MA in Applied Theatre from The City University of New York.



**Nikesha Breeze** b. 1979, a current Goddard student, intersects the interrelationality and resilience of the black and queer body in relationship to power, vulnerability, the sacred, and the ancestral in an interdisciplinary art and activist practice of painting, sculpture, installation, film making, and performance. Her work is deeply ritual and process based, often employing her entire physical body into the action of her work. Originally from Portland, Oregon Nikesha Breeze lives and works in the high desert of New Mexico, she is an American born African Diaspora descendant of the Mende People of Sierra Leone, and Assyrian American Immigrants from Iran.

**Ah-Keisha McCants** is the Founder & CEO of Whole Body Literacy & Education, Inc. (WHBLE) and an applied theatre practitioner and cultural impact consultant who specializes in cultivating institutional justice and antiracist working and learning communities using embodiment and literacy-forward practices. She is an award-winning writer, filmmaker, producer, event organizer, director, creative arts and literacy educator, motivational speaker, and youth advocate who holds a BFA in Creative Writing from Goddard College, and an M.S.Ed in Reading, Writing & Literacy from the University of Pennsylvania. Founding Senior Editor of Goddard College's *Duende*, Ah-Keisha is currently an adjunct professor and thesis advisor for the Masters of Arts in Applied Theatre (MAAT) program at the City University of New York's School of Professional Studies (CUNY) School of Professional Studies, a retreat facilitator for the Posse Foundation, writer, producer and host of Black History Mini Docs Podcast, and host and editor of WHBLE's weekly podcast, Education as Liberation, now streaming on Apple Podcasts, iHeartRadio, Spotify, Google Podcasts, Stitcher Podcasts, Anchor.fm, and [www.wholebodyliteracy.com](http://www.wholebodyliteracy.com).



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## Zines for the Next World

*With Rachel Economy, GGI - SIS/TLA '17*



This hands-on mini-workshop will guide participants to create their own tiny zine, in which they can imagine and envision a just and thriving next world. We will take time to explore and be with our longing for the next world, and our pleasure and presence in playing together in this one now. Participants will also be invited to submit their zine creations to an Index For The Next World, an online hub of skills and stories that embody a world that thrives.

## Growing through the shadow points of fear, isolation, and loneliness: Using a depth psychology and growth mindset lens

*with Dr. Leia King-Carr, PSY '03*



Our world is filled with trauma resulting from natural disasters, accidents, violence, conflict, and interpersonal conflict. The increased exposure to trauma creates a significantly higher demand for psychological first aid the integration of holistic psychological care to progress as a social collective. This presentation defines these key terms as well as how the concepts can be recognized and adapted to complex scenarios and compounding trauma.

## Build Your Squad: Intro to Digital Marketing

*With Brittany Long, IBA '18*



It finally happened. After spending months perfecting a story, song, or art piece, you're finally ready to share it with the world. So...now what? It's time to build your squad! This presentation will help spark the inspiration to begin your digital marketing journey. We'll go over what social media platforms to use, how to attract an audience, first steps to take, and resources for the future.

# **Goddard College's Alumni Weekend 2020**

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## **REGISTER TODAY**

*(Register by September 18 if you want to order Goddard apparel)*

Follow this link to register or learn more:

<https://www.goddard.edu/alumni/alumni-weekend/>

Whether you're an alumni, a student, a faculty member, or a friend of Goddard, you are invited to this weekend of community building, collaboration, learning, and inspiration! We hope to see you there!

**October 9-12, 2020**

If the cost of the weekend is prohibitive at this time, Alumni Council has created 15 scholarships which significantly reduce the price. You can apply for a scholarship here:

[https://docs.google.com/forms/d/e/1FAIpQLSdD3ShDC0Qq6R-IgFgVlvHhiPI6diICzbpCNbzpiegLz1vvUg/viewform.](https://docs.google.com/forms/d/e/1FAIpQLSdD3ShDC0Qq6R-IgFgVlvHhiPI6diICzbpCNbzpiegLz1vvUg/viewform)

Priority deadline for scholarship applications is September 1, but please continue to apply after if you need financial assistance.